



Poole Wheelers

Youth Omnium

12th June 2021

British Cycling National Youth Omnium Series (Southern Area)
Under the technical regulations of British Cycling

Bournemouth Cycle Centre
Slades Farm, Ensbury Park
Bournemouth BH10 4EP

Sponsored by

ROTOR
BIKE COMPONENTS



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Contact: m-pettifer@sky.com

Information

Chief Commissaire: Diane Marshall

Commissaires: Kay Ball, Susan Knight

Chief Judge: Graham Hurst

Other officials and timekeepers: Members and friends of Poole Wheelers Cycling Club

First Aid: Dorset Medical Services

Catering: Drinks and Snacks may be available from Clubhouse

Gear checks as well as signing on will be in the track centre. Both open at 08:15 am. Sign on closes at 09:10 am.

Please ensure that you bring your British Cycling licence to signing on as these may be viewed, but will not be retained or handled by sign on crew.

Two numbers are to be worn for racing at all times as shown at sign in.

We will be using transponder timing. To limit contact between people the transponders will be fitted to your bike at gear check. We will not be taking a deposit for the transponders. Bikes will only be allowed out of the velodrome via the home straight gate, and will not be allowed out with a transponder fitted. Your transponder **MUST** be handed to the gate marshal on exit.

The track gates will be closed at all times when riders are on the track.

Up until 10:00 am, gate 1 on the home straight will be used. After 10:00 am when racing has started, gate 2 in the back straight will be used. When the racing has finished gate 2 will be locked and gate 1 will be re-opened.

There will be no riding the track before the meeting except at the following times for track familiarisation:

Please note that due to track capacity we will be running Youth A male riders in 2 heats. Heats will not be mixed throughout the day but overall position will be determined by the points total after combining the results of both heats.

Youth C, D and E – all riders	09:00 am – 09:10 am
Youth B – male and female	09:10 am – 09:20 am
Youth A – female riders	09:20 am – 09:30 am
Youth A – male heat 1 riders	09:30 am – 09:40 am
Youth A – male heat 2 riders	09:40 am – 09:50 am

This means that if you are not in the track centre before 09:00 am you will only get 5 opportunities to get in before the meeting starts, i.e 09:10, 09:20, 09:30, 9:40 and 09:50.

Racing will start at 10:00

Riders will be in age category pens in the track centre on the grass. Please ensure you bring a solid base to mount your rollers (ie, wood) Riders will be asked to stay in their pens throughout the day unless they are racing or need to access the toilets. Prior to your race, the riders whip will call you to the tarmac 'D' where you will be briefed on your next race.

We cannot give times for all races as it depends on many variables. Please be aware of the schedule so that you can be ready for your race.

Riders must be self sufficient on the day. One parent will be allowed to access the tract to assist setting up but must then leave the track centre. Only one parent for each of the U8, U10 and U12 will be allowed in the track centre whilst racing is in progress. Parents of other age groups are not allowed in the track centre unless in an emergency or with prior agreement of the organiser. They can spectate from the track edge which gives a superior viewing point. Please can family groups adhere to the current Government guidelines on social distancing.

No Gazebos will be allowed in the track centre. We suggest umbrellas and hats are bought to shelter from the sun.

No rider should use the safety zone except to enter or leave the track at the start or finish of a race.

Cycle gloves must be worn when racing. We will be starting the racing from the fence.

After a bunch race has finished you will have 1 complete lap to slow down and will then be expected to leave the track in the back straight, riding down into the safety zone and then back into the age category pen. After time trials please exit the track as soon as possible to enable the next heat to commence.

All riders will be called to the riders pen while the race before is in progress, this will ensure all races are started promptly. If you are not ready, the start will NOT be delayed; you will not start and will be placed last.

We will not be using a results board. We will however be using 'Googleforms' to provide live results. The link for this form is here [GOOGLE FORM LINK](#)

Toilets are adjacent to the track and will be sign posted. Unfortunately there are no separate on site disabled facilities.

Please abide by the British Cycling COVID-19 guidance as shown on the following page.

Behaviour Code

British Cycling Covid-19 Guidance



Self-assess

Don't leave the house if you have any Covid-19 symptoms, and follow NHS Test and Trace procedures.



No spitting

Please don't spit, and if you need to cough or sneeze please do so in a tissue or the crook of your elbow. Always throw used tissues in a bin. Dispose of your tissue as soon as possible.



Read the guidance

The event environment will be different to what you're used to, so read the relevant guidance from British Cycling and the event organiser.



Listen to officials and volunteers

Make sure you're present and attentive during any briefings, and follow any on-site instructions. If something doesn't look right, report it.



Keep your hands clean

Wash and sanitise your hands regularly. Some sanitiser may be provided, but bring your own just in case.



No shouting

Evidence suggests that shouting increases the risk of transmission, so please communicate calmly.



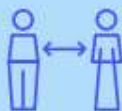
Be self-sufficient

Bring your own equipment and refreshments, as usual hire and catering facilities may be unavailable.



Say thanks

We couldn't enjoy racing without the support of our event organisers, officials and volunteers – so say thanks!



Maintain social distancing

Make sure you keep at least two metres from others before and after your race – particularly in busy waiting areas.



Have fun

With no ranking points at stake, enjoy the race and have fun!

All riders, spectators, parents/carers, coaches, team managers, volunteers and event officials should continue to adhere to the British Cycling Code of Conduct, which can be found at britishcycling.org.uk/rules.



Competitor Notes:

Please refer to British Cycling technical regulations which can be found online, with special attention to the below:

All riders shall comply with the gear restrictions as laid down in the current British Cycling technical regulations as stated below. Gear checks will be conducted at sign on and at random during the event for all categories. Only one sprocket is allowed on the rear wheel.

Under 8	Youth E	5.10m
Under 10	Youth D	5.40m
Under 12	Youth C	6.05m
Under 14	Youth B	6.45m
Under 16	Youth A	6.93m

Youth B and C riders may only use cycles which conform to British Cycling technical regulation 3.2.6. Wheels have rims of no greater depth than 3.5cm, have a minimum of 16, and a maximum of 40 spokes. Spokes can be round, flattened or oval but must not exceed 10mm in width. Campagnolo Pista wheels will not be accepted. Dropped handlebars must be used, Tri-bars, arm extensions and/or arm pads shall be prohibited.

During the time trial, Youth A riders may use tri-bars, arm extensions and/or arm pads which comply with 2018 British Cycling Regulations. Bikes must be checked and marked before the event starts; this is in addition to the obligatory gear check. Only youth A riders may use aero helmets.

Youth A, It is possible that disc wheels may be prohibited due to wind conditions; please ensure you have an alternative non-disc wheel available.



RACE SCHEDULE

TIME TRIALS

1. U12 Girls Time Trial (500m) – 2 Laps

	Station 1	Station 2	Station 3	Station 4
Heat 1				

2. U12 Boys Time Trial (500m) – 2 Laps

	Station 1	Station 2	Station 3	Station 4
Heat 1				
Heat 2				

3. U14 Girls Time Trial (1km) – 4 Laps

	Station 1	Station 2	Station 3	Station 4
Heat 1				

4. U14 Boys Time Trial (1km) – 4 Laps

	Station 1	Station 2	Station 3	Station 4
Heat 1				
Heat 2				
Heat 3				

5. U16 Girls Time Trial (1km) – 4 Laps

	Station 1	Station 2	Station 3	Station 4
Heat 1				
Heat 2				
Heat 3				

6. U16 Boys Time Trial (1km) – 4 Laps

	Station 1	Station 2	Station 3	Station 4
Heat 1				
Heat 2				
Heat 3				
Heat 4				
Heat 5				
Heat 6				
Heat 7				
Heat 8				

SCRATCH RACE

7. U12 Girls – 10 laps

8. U12 Boys – 10 laps

9. U14 Girls – 24 laps

10. U14 Boys – 24 laps

11. U16 Girls – 40 laps

12. U16 Boys Heat 1 – 40 laps

13. U16 Boys Heat 2 – 40 Laps

ELIMINATION RACE

Note, dropped riders are those who are not in the home straight when the bunch crosses the finish line.

14. U12 Girls Elimination Race – One free lap – then dropped riders PLUS 1 from the bunch **every other** lap, final 2 riders to sprint.
15. U12 Boys Elimination Race – One free lap – then dropped riders PLUS 1 from the bunch **every other** lap, final 2 riders to sprint.
16. U14 Girls Elimination Race – One free lap – then dropped riders PLUS 1 from the bunch **every other** lap, final 2 riders to sprint.
17. U14 Boys Elimination Race – One free lap – then dropped riders PLUS 1 from the bunch **every other** lap, final 2 riders to sprint.
18. U16 Girls Elimination Race – One free lap – then dropped riders PLUS 1 from the bunch **every other** lap, final 2 riders to sprint.
19. U16 Boys Heat 1 Elimination Race – One free lap – then dropped riders PLUS 1 from the bunch **every other** lap, final 2 riders to sprint.
20. U16 Boys Heat 2 Elimination Race – One free lap – then dropped riders PLUS 1 from the bunch **every other** lap, final 2 riders to sprint.

SPRINT (500m – 2 laps)

Note, sprint heats will be announced on the [Google Form](#).

21. U12 Girls
22. U12 Boys
23. U14 Girls
24. U14 Boys
25. U16 Girls
26. U16 Boys Heat 1
27. U16 Boys Heat 2

POINTS RACE

28. U12 Girls – 16 Laps, points 5,3,2,1 every 4 laps (12, 8, 4 and 0 laps to go)
29. U12 Boys – 16 Laps, points 5,3,2,1 every 4 laps (12, 8, 4 and 0 laps to go)
30. U14 Girls – 36 Laps, points 5,3,2,1 every 6 laps (30, 24, 18, 12, 6 and 0 laps to go)
31. U14 Boys – 36 Laps, points 5,3,2,1 every 6 laps (30, 24, 18, 12, 6 and 0 laps to go)
32. U16 Girls – 48 Laps, points 5,3,2,1 every 8 laps (40, 32, 24, 16, 8 and 0 laps to go)
33. U16 Boys Heat 1 – 48 Laps, points 5,3,2,1 every 8 laps (40, 32, 24, 16, 8 and 0 laps to go)
34. U16 Boys Heat 2 – 48 Laps, points 5,3,2,1 every 8 laps (40, 32, 24, 16, 8 and 0 laps to go)

OMNIUM POINTS STRUCTURE

Time Trial, Elimination, Scratch

Place	Points	Place	Points	Place	Points	Place	Points
1	40	6	30	11	20	16	10
2	38	7	28	12	18	17	8
3	36	8	26	13	16	18	6
4	34	9	24	14	14	19	4
5	32	10	22	15	12	20	2

Riders place 21st and below will each be awarded 1 point.

Sprint

Place	Points	Place	Points	Place	Points	Place	Points	Place	Points
1 Match A	40	3 Match B	32	1 Match D	28	3 Match E	20	1 Match G	16
2 Match A	38	4 Match B	30	2 Match D	26	4 Match E	18	2 Match G	14
3 Match A	36	1 Match C	32	3 Match D	24	1 Match F	20	3 Match G	12
4 Match A	34	2 Match C	30	4 Match D	22	2 Match F	18	4 Match G	10
1 Match B	36	3 Match C	28	1 Match E	24	3 Match F	16		
2 Match B	34	4 Match C	26	2 Match E	22	4 Match F	14		

Points Race

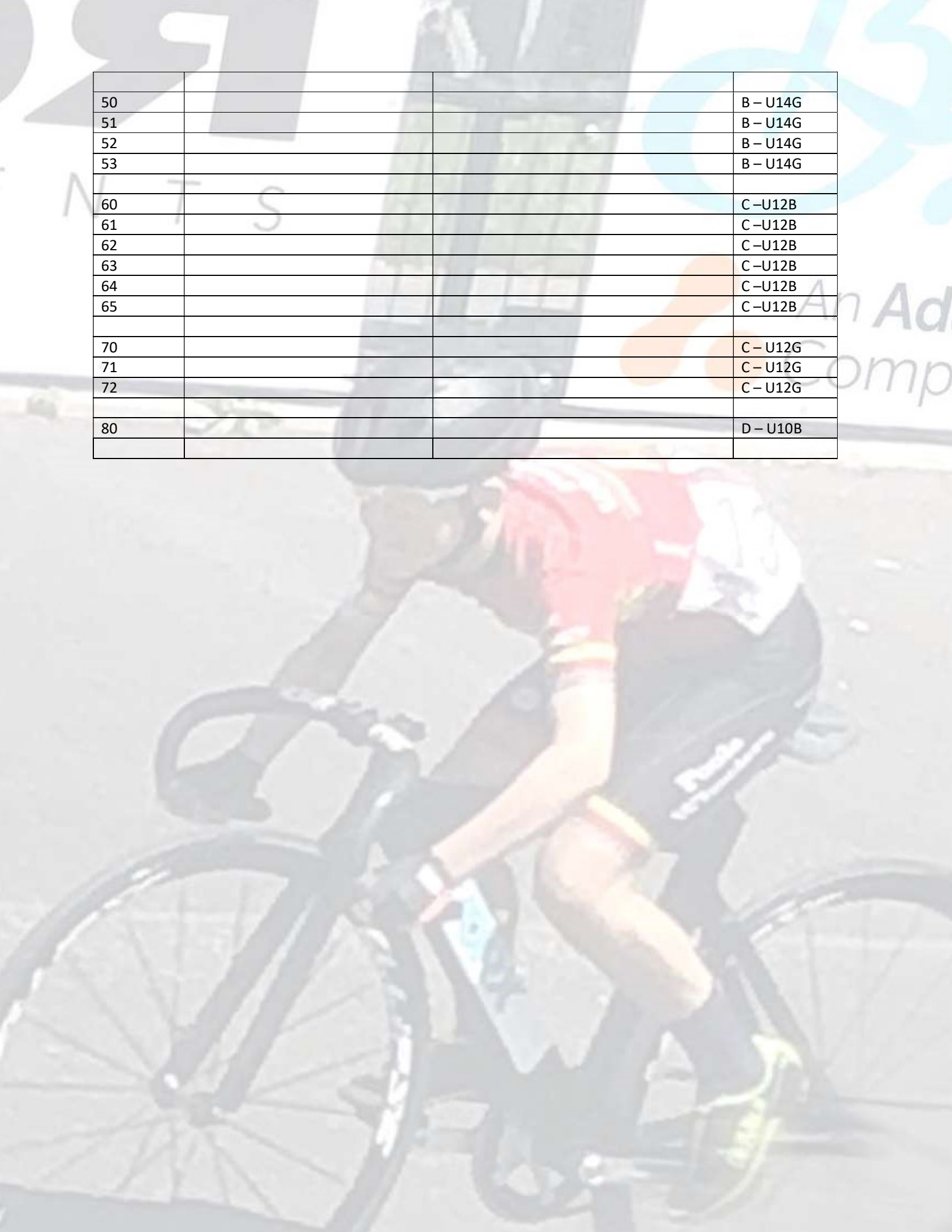
This shall be open to the top 24 placed riders in each group based on that day's Omnium Standings after the sprint competition. In the case of a tie at this point, the higher placed rider(s) in the sprint competition shall take preference.

There shall be six sprint laps per race on pre-determined laps equally spread out by distance, with the first four riders over the line gaining 5, 3, 2 and 1 points respectively except on the final sprint where the points of 10, 6, 4 and 2 points respectively will be awarded. Riders gaining a lap on the main field will be awarded 10 points per lap gained. Riders losing a lap on the field will be deducted 10 points per lap lost.

RIDER LIST

Number	Name	Club	Category
1			A – U16B
2			A – U16B
3			A – U16B
4			A – U16B
5			A – U16B
6			A – U16B
7			A – U16B
8			A – U16B
9			A – U16B
10			A – U16B
11			A – U16B
12			A – U16B
13			A – U16B
14			A – U16B
15			A – U16B
16			A – U16B
17			A – U16B
18			A – U16B
19			A – U16B
20			A – U16B
21			A – U16B
22			A – U16B
23			A – U16B
24			A – U16B
25			A – U16B
26			A – U16B
27			A – U16B
28			A – U16B
29			A – U16B
30			A – U16G
31			A – U16G
32			A – U16G
33			A – U16G
34			A – U16G
35			A – U16G
36			A – U16G
37			A – U16G
38			A – U16G
39			A – U16G
40			B – U14B
41			B – U14B
42			B – U14B
43			B – U14B
44			B – U14B
45			B – U14B
46			B – U14B
47			B – U14B

50			B – U14G
51			B – U14G
52			B – U14G
53			B – U14G
60			C –U12B
61			C –U12B
62			C –U12B
63			C –U12B
64			C –U12B
65			C –U12B
70			C – U12G
71			C – U12G
72			C – U12G
80			D – U10B



Prizes!

Trophies and prizes will be awarded for places 1st, 2nd and 3rd plus:

Youth A Boys	-	1 st ROTOR Crankset	2 nd £40	3 rd £25
Youth A Girls	-	1 st ROTOR Crankset	2 nd £40	3 rd £25
Youth B Boys	-	1 st ROTOR Crankset	2 nd £40	3 rd £25
Youth B Girls	-	1 st ROTOR Crankset	2 nd £40	3 rd £25
Youth C	-	Trophies for places 1 st , 2 nd and 3 rd plus prizes		
Youth D	-	Trophies for places 1 st , 2 nd and 3 rd plus prizes		
Youth E	-	Trophies for places 1 st , 2 nd and 3 rd plus prizes		

Trophies supplied by LASERCRYSTAL

Sponsorship

Poole Wheelers would like to thank the sponsors for their generosity



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